

RESEARCH ARTICLE

Descriptive Epidemiology and Survival Rate of Osteosarcoma: The First National Population-Based Study in the Middle East (2008-2014)

Amin Karimi, MD; Adel Ebrahimpour, MD; Mehrdad Sadighi, MD; Mohammadreza Chehrassan, MD; Farsad Biglari, MD; Meisam Jafari Kafiabadi, MD; Mehdi Azizmohammad Looha, MSc; Mohammad Esmaeil Akbari, MD

Research performed at Cancer Research Center, Shahid Beheshti University of Medical Sciences, Tehran, Iran

Received: 23 August 2021

Accepted: 3 July 2023

Abstract

Objectives: The epidemiology of osteosarcoma (OS), the most common primary bone sarcoma, was not evaluated in the Middle East. Therefore, this study aimed to examine the incidence, demographic characteristics, epidemiology, and survival rate of patients with different subtypes of OS, based on data derived from the Iran National Cancer Registry (INCR) to evaluate the influence of ethnicity and race.

Methods: All OS patients registered in the INCR between March 20, 2008, and March 20, 2014, were enrolled in this study, and information such as age, gender, cancer location, OS subtype, and survival time were evaluated statistically.

Results: The Age-Standardized Incidence Rate (ASIR) for OS was 3.02 per million person-years, with a mean age of 25.6 years and a male-female ratio of 1.54:1. Not Otherwise Specified (NOS) OS, chondroblastic OS, and central OS had the highest frequencies among the subtypes of OS. The overall one-, three-, and five-year survival rates were 87%, 61%, and 49%, respectively, with a mean duration of 6.16 years.

Conclusion: The ASIR of OS in our country was similar to that in the US and higher than that in China. The peak frequency was between 15-19 years old. The male-female ratio in our patients was higher than the OS gender ratio in most series. Although it was not statistically significant, older age at the time of diagnosis, axial location, and male gender were the poorest prognosis factors.

Level of evidence: III

Keywords: Bone cancer, Epidemiology Incidence, Osteosarcoma, Survival

Introduction

Osteosarcoma (OS) is the most common primary malignant tumor of the bone, characterized by mesenchymal-originated spindle cells depositing the immature osteoid matrix.¹⁻⁵ It includes distinct morphology subtypes with diverse clinical behaviors.

The age distribution is bimodal, with the initial major peak occurring during the second decade of life, followed by a much smaller peak in patients older than 60.^{2,6,7} With an annual incidence rate of 3.1 cases per million in the US, OS accounts for less than 1% of all newly diagnosed cancers in adults and 3-5% in children.⁵

The metaphyseal region of long tubular bones is the most prevalent location for OS involvement. Therefore, the distal femur, proximal tibia, and proximal humerus are the most involved in descending order. OS in the axial skeleton increases in frequency with age, with 40% of patients being above 60 years and less than 12% below 24 years.^{3,8} OS in elderly patients is often secondary to the sarcomatous transformation of Paget's disease of the bone, irradiated bone, or some other benign bone disorders. The male gender has been reported to be affected more frequently, and the incidence of OS in African-Americans is slightly

Corresponding Author: Adel Ebrahimpour, Department of Orthopedic Surgery, Clinical Research Development Unit of Shohada-e Tajrish Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

Email: a.ebrahimpour@sbm.ac.ir



THE ONLINE VERSION OF THIS ARTICLE
ABJS.MUMS.AC.IR

higher than in Caucasians. In China, the annual incidence of OS was much lower than in the US, with only 0.5 patients per million.⁸

The survival rate for OS has remained below 70% for localized disease and below 20% in patients with metastasis for decades despite ongoing studies.^{9,10} the incidence and mortality patterns of OS have been rarely studied in non-western countries and never in the Middle East.

This study aimed to examine the incidence, demographic characteristics, epidemiology, and survival rate of patients with different subtypes of OS, based on data derived from the Iran National Cancer Registry (INCR)¹¹ to evaluate the influence of ethnicity and race on the most common primary bone sarcoma.

Materials and Methods

This national population-based cancer registry study was based on all patients affected by OS registered in the INCR between March 20, 2008, and March 20, 2014. Only microscopically and pathologically confirmed cases of OS were enrolled in this study. Since the INCR is a subdivision of the Ministry of Health and Medical Education in Iran, the registered data cover nearly all diagnosed cases in the population during these six years. Patients with metastatic OS at presentation were excluded from the study. All primary OS cases were classified in conformance with the International Classification of Diseases for Oncology.¹²

Variables such as age, gender, cancer location, and OS subtype were collected from the medical records of these patients. All primary OS cases (primary site codes C40.0-40.9 and C41.0-41.9 and histology codes 9180-9187 and 9192-9195) were included in these analyses. Additional detailed site descriptions, including specific bones or epiphyseal, metaphyseal, and diaphyseal locations, were not available. Death due to OS and the interval between diagnoses and death were registered as survival times.

Descriptive statistics were expressed as several new cases (percentages) and the mean age (standard deviation [SD]) for all morphology types of OS, including not otherwise specified (NOS) OS, chondroblastic, fibroblastic, and telangiectatic OS, OS in Paget's disease of the bone, small cell OS, central OS, as well as intraosseous well-differentiated, parosteal, periosteal, high-grade surface, and intracortical OS. The frequency of males and females was compared using the binomial proportion test.

The age-standardized incidence rate (ASIR) was calculated directly using the new WHO standard population. The 95% confidence interval (CI) was obtained using a direct method

for all ASIRs among males and females. Furthermore, the age-specific incidence rate was calculated for each age group, age decade, gender, and the three largest morphology groups.^{13,14}

The cumulative survival rate for total cases and each c-code was estimated using the Kaplan-Meier survival curve. The one-, three-, five-, and seven-year survival rates, the mean survival time (year), and the median survival time (year) were calculated for each variable. All analyses were conducted using SPSS (version 26), and a P-value of less than 0.05 was considered the significance level.

Results

A total of 1736 OS patients were included in this study, and duplicate analysis was performed to remove completely identical records from the data. About 5% of the cases were identified as duplicate records and were excluded [Table 1].

| Year | Before duplicate extraction | After duplicate extraction | Percentage |
|-------|-----------------------------|----------------------------|------------|
| 2008 | 221 | 220 | 0.45% |
| 2009 | 203 | 202 | 0.49% |
| 2010 | 199 | 198 | 0.50% |
| 2011 | 314 | 291 | 7.32% |
| 2012 | 286 | 252 | 11.89% |
| 2013 | 289 | 263 | 9.00% |
| 2014 | 224 | 223 | 0.45% |
| Total | 1736 | 1649 | 5.01% |

Out of 1649 OS patients with a mean age of 25.6 years, 1002 (60.8%) cases were male (mean age: 25.4 years), and 647 cases were female (mean age: 25.8 years). The NOS OS, chondroblastic OS, and central OS had the highest frequencies of 1220 (males: 61.9%, females: 38.1%), 175 (males: 62.9%, females: 37.1%), and 102 cases (males: 61.8%, females: 38.2%), respectively. The relationship between these three morphology types and gender was significant (P -value<0.05), and males were afflicted more frequently than females. The mean age of these groups was about 22-26 years, with a non-significant difference between males and females (P -value>0.05). Other morphology types accounted for only 9.22% (7.39% of males, 12.06% of females) of total cases, in which the frequency and mean age were not significantly different between genders [Table 2].

| M-Code | Morphology Type | Number of New Cases (Percentage) | | | Mean Age (Standard Deviation) | | | ASIR (95% Confidence Interval) | | |
|--------|-------------------------------|----------------------------------|------------|------------|-------------------------------|-------------|-------------|--------------------------------|------------------|------------------|
| | | Total | Male | Female | Total | Male | Female | Total | Male | Female |
| 9180 | Osteosarcoma NOS** | 1220 | 755 (61.9) | 465 (38.1) | 25.6 (16.3) | 25.7 (16.1) | 25.4 (16.6) | 2.26 (2.13-2.39) | 2.75 (2.55-2.95) | 1.76 (1.60-1.93) |
| 9181 | Chondroblastic osteosarcoma** | 175 | 110 (62.9) | 65 (37.1) | 25.8 (14.3) | 24.4 (12.3) | 28.2 (17.1) | 0.31 (0.26-0.36) | 0.38 (0.31-0.45) | 0.24 (0.18-0.30) |

| Table 2. Continued | | | | | | | | | | |
|--------------------|--|------|----------------|---------------|----------------|----------------|----------------|---------------------|---------------------|---------------------|
| 9182 | Fibroblastic osteosarcoma | 18 | 9 (50.0) | 9 (50.0) | 26.7 (15.6) | 24.1 (8.2) | 29.2 (20.9) | 0.03 (0.02-0.05) | 0.03 (0.01-0.05) | 0.04 (0.01-0.06) |
| 9183 | Telangiectatic osteosarcoma | 34 | 19 (55.9) | 15 (44.1) | 22.2 (11.8) | 22.6 (12.6) | 21.6 (11.1) | 0.06 (0.04-0.08) | 0.07 (0.04-0.10) | 0.05 (0.03-0.08) |
| 9184 | Osteosarcoma in Paget disease of bone | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- |
| 9185 | Small cell osteosarcoma | 17 | 9 (52.9) | 8 (47.1) | 20.0 (9.1) | 17.1 (6.5) | 23.3 (10.8) | 0.03 (0.02-0.04) | 0.03 (0.01-0.05) | 0.03 (0.01-0.05) |
| 9186 | Central osteosarcoma* | 102 | 63 (61.8) | 39 (38.2) | 23.7 (15.0) | 22.8 (12.7) | 25.2 (18.1) | 0.19 (0.15-0.22) | 0.23 (0.17-0.28) | 0.14 (0.10-0.19) |
| 9187 | Intraosseous well-differentiated osteosarcoma | 6 | 5 (83.3) | 1 (16.7) | 25.0 (12.1) | 23.4 (12.8) | 33.0 (0.0) | 0.01 (0.00-0.02) | 0.02 (0.00-0.03) | 0.00 (0.00-0.01) |
| 9192 | Parosteal osteosarcoma | 64 | 24 (37.5) | 40 (62.5) | 28.6 (10.7) | 29.8 (13.8) | 27.9 (8.4) | 0.11 (0.08-0.13) | 0.08 (0.05-0.12) | 0.13 (0.09-0.17) |
| 9193 | Periosteal osteosarcoma | 8 | 4 (50.0) | 4 (50.0) | 21.3 (9.3) | 17.0 (5.9) | 25.5 (10.9) | 0.01 (0.00-0.02) | 0.01 (0.00-0.03) | 0.01 (0.00-0.03) |
| 9194 | High-grade surface osteosarcoma | 5 | 4 (80.0) | 1 (20.0) | 49.6 (32.6) | 58.8 (29.3) | 13.0 (0.0) | 0.01 (0.00-0.02) | 0.02 (0.00-0.04) | 0.00 (0.00-0.01) |
| 9195 | Intracortical osteosarcoma | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- | ---- |
| | Total** | 1649 | 1002 (60.8) | 647 (39.2) | 25.6 (15.8) | 25.4 (15.5) | 25.8 (16.2) | 3.02 (2.87-3.17) | 3.62 (3.39-3.85) | 2.41 (2.23-2.61) |

**=Binomial test for comparing the frequency of cancer in males and females with a P-value of less than 0.01

*=Binomial test for comparing the frequency of cancer in males and females with a P-value of less than 0.05

The ASIR for total cases was 3.02 (95% CI: 2.87-3.17) per million person-years, while males and females had ASIRs of 3.62 (95% CI: 3.39-3.85) and 2.41 (95% CI: 2.23-2.61) per million, respectively. The NOS OS, the largest morphology group, had an ASIR of 2.26 (95% CI: 2.13-2.39) per million

person-years. Considering gender, the ASIR of NOS OS was 2.75 (95% CI: 2.55-2.95) and 1.76 (95% CI: 1.60-1.93) per million for males and females, respectively. Other ASIRs were less than 0.5 per million person-years among genders [Table 3].

Table 3. Number of new cases (age-specific incidence rate/per million person-years) for osteosarcoma, chondroblastic osteosarcoma, and central osteosarcoma, as well as total records during 2008-2014

| Age (Decade) | Osteosarcoma | | | Chondroblastic osteosarcoma | | | Central osteosarcoma | | | Total | | |
|--------------|--------------|-----------|-----------|-----------------------------|----------|----------|----------------------|----------|----------|-----------|-----------|-----------|
| | Total | Male | Female | Total | Male | Female | Total | Male | Female | Total | Male | Female |
| 4-0 | 12 (0.27) | 4 (0.18) | 8 (0.37) | 2 (0.05) | 2 (0.09) | 0 (0.00) | 1 (0.02) | 1 (0.04) | 0 (0.00) | 15 (0.34) | 7 (0.31) | 8 (0.37) |
| 5-9 | 62 (1.53) | 32 (1.55) | 30 (1.51) | 2 (0.05) | 1 (0.05) | 1 (0.05) | 8 (0.20) | 5 (0.24) | 3 (0.15) | 76 (1.88) | 40 (1.94) | 36 (1.82) |

Table 3. Continued

| | | | | | | | | | | | | |
|----------------|----------------|---------------|---------------|------------|-----------|--------------|------------|--------------|--------------|-------------|----------------|---------------|
| First | 74 (0.88) | 36 (0.84) | 38 (0.92) | 4 (0.05) | 3 (0.07) | 1 (0.02) | 9 (0.11) | 6 (0.14) | 3 (0.07) | 91(1.08) | 47 (1.09) | 44 (1.06) |
| 10-14 | 185 (4.50) | 103 (4.93) | 82 (4.06) | 16 (0.39) | 8 (0.38) | 8 (0.40) | 17 (0.41) | 9 (0.43) | 8 (0.40) | 238 (5.80) | 128 (6.13) | 110 (5.45) |
| 15-19 | 323 (6.83)* | 215 (8.98) | 108 (4.62) | 50 (1.06)* | 34 (1.42) | 16 (0.68) | 26 (0.55)* | 19 (0.79) | 7 (0.30) | 429 (9.07)* | 288 (12.03) | 141 (6.03) |
| Second | 508 (5.75)* | 318 (7.10) | 190 (4.36) | 66 (0.75)* | 42 (0.94) | 24 (0.55) | 43 (0.49) | 28 (0.62) | 15 (0.34) | 667 (7.55)* | 416 (9.28) | 251 (5.76) |
| 20-24 | 206 (3.61)* | 147 (5.15) | 59 (2.06) | 41 (0.72)* | 28 (0.98) | 13 (0.45) | 18 (0.32) | 10 (0.35) | 8 (0.28) | 294 (5.15)* | 201 (7.04) | 93 (3.25) |
| 25-29 | 116 (1.99)* | 71 (2.42) | 45 (1.55) | 21 (0.36) | 13 (0.44) | 8 (0.28) | 9 (0.15) | 5 (0.17) | 4 (0.14) | 165 (2.82)* | 96 (3.27) | 69 (2.37) |
| Third | 322 (2.79)* | 218 (3.77) | 104 (1.80) | 62 (0.54)* | 41 (0.71) | 21 (0.36) | 27 (0.23) | 15 (0.26) | 12 (0.21) | 459 (3.97)* | 297 (5.13) | 162 (2.81) |
| 30-34 | 54 (1.10) | 26 (1.05) | 28 (1.15) | 8 (0.16) | 4 (0.16) | 4 (0.16) | 8 (0.16) | 5 (0.20) | 3 (0.12) | 91 (1.86) | 43 (1.74) | 48 (1.98) |
| 35-39 | 47 (1.18) | 23 (1.13) | 24 (1.22) | 8 (0.20) | 6 (0.29) | 2 (0.10) | 3 (0.08) | 2 (0.10) | 1 (0.05) | 66 (1.65) | 34 (1.67) | 32 (1.63) |
| Forth | 101 (1.14) | 49 (1.09) | 52 (1.19) | 16 (0.18) | 10 (0.22) | 6 (0.14) | 11 (0.12) | 7 (0.16) | 4 (0.09) | 157 (1.77) | 77 (1.71) | 80 (1.82) |
| 40-44 | 47 (1.38)* | 32 (1.85) | 15 (0.89) | 7 (0.20) | 4 (0.23) | 3 (0.18) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 64 (1.87) | 38 (2.20) | 26 (1.54) |
| 45-49 | 26 (0.91) | 14 (0.97) | 12 (0.85) | 6 (0.21) | 3 (0.21) | 3 (0.21) | 3 (0.10) | 3 (0.21) | 0 (0.00) | 36 (1.26) | 21 (1.46) | 15 (1.06) |
| Fifth | 73 (1.16)* | 46 (1.45) | 27 (0.87) | 13 (0.21) | 7 (0.22) | 6 (0.19) | 3 (0.05) | 3 (0.09) | 0 (0.00) | 100 (1.59) | 59 (1.86) | 41 (1.32) |
| 50-54 | 39 (1.61) | 23 (1.90) | 16 (1.32) | 5 (0.21) | 4 (0.33) | 1 (0.08) | 3 (0.12) | 2 (0.17) | 1 (0.08) | 50 (2.07) | 30 (2.48) | 20 (1.66) |
| 55-59 | 28 (1.52) | 18 (1.97) | 10 (1.07) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 2 (0.11) | 1 (0.11) | 1 (0.11) | 30 (1.62) | 19 (2.08) | 11 (1.18) |
| Sixth | 67 (1.57) | 41 (1.93) | 26 (1.21) | 5 (0.12) | 4 (0.19) | 1 (0.05) | 5 (0.12) | 3 (0.14) | 2 (0.09) | 80 (1.88) | 49 (2.30) | 31 (1.45) |
| 60-64 | 22 (1.66) | 12 (1.88) | 10 (1.46) | 2 (0.15) | 1 (0.16) | 1 (0.15) | 2 (0.15) | 1 (0.16) | 1 (0.15) | 29 (2.19) | 17 (2.67) | 12 (1.75) |
| 65-69 | 20 (2.10) | 14 (3.00) | 6 (1.23) | 4 (0.42) | 2 (0.43) | 2 (0.41) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 25 (2.62) | 16 (3.43) | 9 (1.85) |
| Seventh | 42 (1.84) | 26 (2.35) | 16 (1.36) | 6 (0.26) | 3 (0.27) | 3 (0.26) | 2 (0.09) | 1 (0.09) | 1 (0.09) | 54 (2.37) | 33 (2.99) | 21 (1.79) |
| 70-74 | 14 (1.78) | 10 (2.51) | 4 (1.03) | 1 (0.13) | 0 (0.00) | 1 (0.26) | 1 (0.13) | 0 (0.00) | 1 (0.26) | 18 (2.29) | 12 (3.01) | 6 (1.55) |
| 75-79 | 11 (1.80) | 7 (2.20) | 4 (1.37) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 12 (1.97) | 8 (2.52) | 4 (1.37) |

Table 3. Continued

| | | | | | | | | | | | | |
|---------------|-----------------|---------------|---------------|----------------|---------------|--------------|----------------|--------------|--------------|-----------------|----------------|---------------|
| Eighth | 25 (1.79) | 17 (2.37) | 8 (1.18) | 1 (0.07) | 0 (0.00) | 1 (0.15) | 1 (0.07) | 0 (0.00) | 1 (0.15) | 30 (2.15) | 20 (2.79) | 10 (1.47) |
| 80-85 | 5 (1.48) | 2 (1.21) | 3 (1.75) | 2 (0.59) | 0 (0.00) | 2 (1.17) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 7 (2.08) | 2 (1.21) | 5 (2.92) |
| +85 | 3 (1.03) | 2 (1.32) | 1 (0.71) | 0 (0.00) | 0 (0.00) | 0 (0.00) | 1 (0.34) | 0 (0.00) | 1 (0.71) | 4 (1.37) | 2 (1.32) | 2 (1.42) |
| Total | 1220 (2.32)* | 755 (2.85) | 465 (1.78) | 175 (0.33)* | 110 (0.41) | 65 (0.25) | 102 (0.19)* | 63 (0.24) | 39 (0.15) | 1649 (3.14)* | 1002 (3.78) | 647 (2.48) |

*=Binomial test for comparing the frequency of cancer in males and females with a P-value of less than 0.05

In the next step, the frequency and crude incidence rates were obtained for NOS OS, chondroblastic OS, central OS, and total patients in each age group and age decade. The results showed that the highest frequency was between 10 and 29 years, with 1126 cases (68.28% of total patients). The peak of frequency in NOS OS, chondroblastic OS, and central OS was in the 15-19 years age group with 323

(male: 215, female: 108), 50 (male: 34, female: 16), and 26 cases (male: 19, female: 7), respectively. Furthermore, the age-specific incidence rate in these three morphology types was 6.83, 1.06, and 0.55 per million person-years, respectively [Table 3]. The trend of ASIRs among males and females during 2008-2015 is curved in [Figure 1].

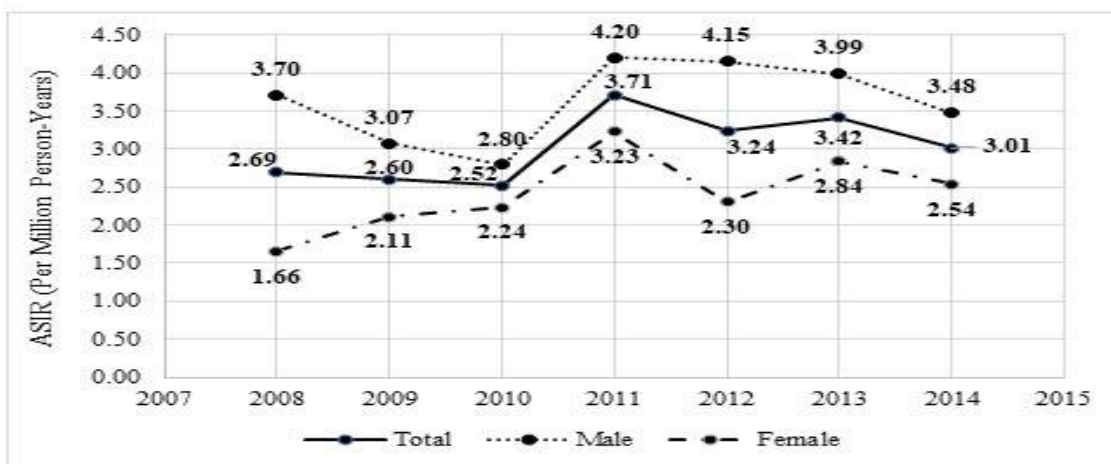


Figure 1. ASIR of osteosarcoma during 2008-2015 based on

In the current study, 289 cases were included in the survival analysis. The survival probability was estimated using the Kaplan-Meier curve. Based on the results, the cumulative survival was about 40% at the end of the study (after 125 months) for total patients; however, the survival probability for c-codes 40 and 41 was 41% and 32%, respectively [Figure 2]. Furthermore, the five-year survival rate was 0.51 (95% CI: 0.50-0.58) for c-code 40 and 0.41 (95% CI: 0.31-0.55) for c-code=41, and the mean survival time in c-codes 40 and 41 was 6.41 and 6.15 years, respectively [Table 4].

The overall one-, three-, and five-year survival rates were 0.87 (95% CI: 0.83-0.91), 0.61 (95% CI: 0.55-0.67), and

0.49 (95% CI: 0.43-0.60), respectively, with a mean duration of 6.16 (95% CI: 5.62-6.93) years. Among males, the five-year survival rate was 0.45 (95% CI: 0.38-0.53), while females had a five-year survival rate of 0.54 (95% CI: 0.46-0.63).

In addition, the mean survival time in females was about one year higher than that in males. The central OS had the lowest five-year survival rate, with a value of 0.25 (95% CI: 0.11-0.58). The difference in survival rates between variable levels was insignificant (log-rank P -value>0.05) [Table 4].

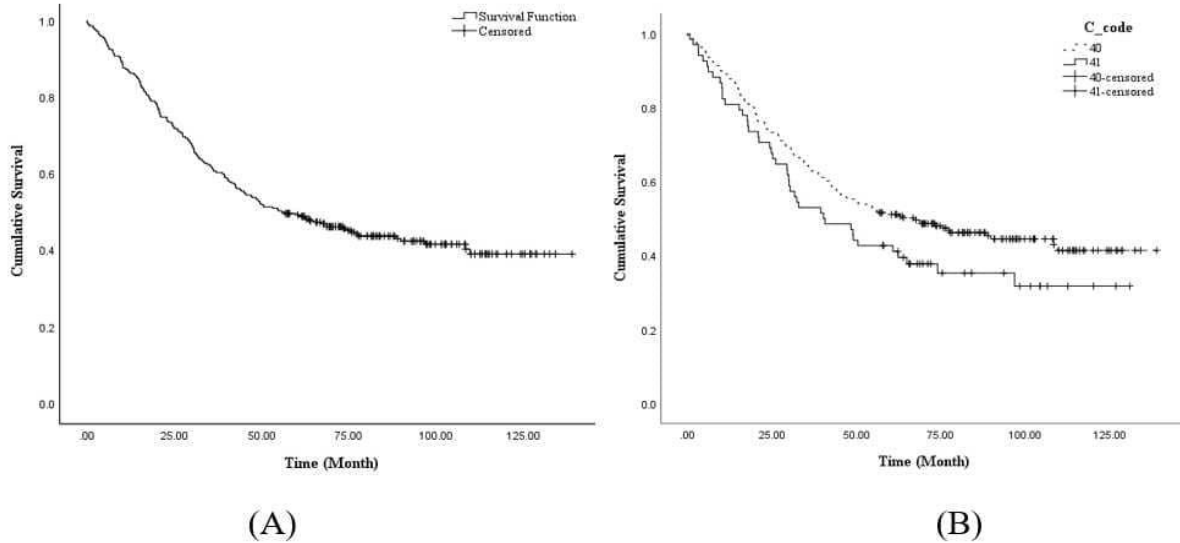


Figure 2. Kaplan-Meier plot for A) total osteosarcoma patients and B) each C-code=40 and 41

Table 4. Mean/median survival time (year) and one-, three-, five-, and seven-year survival rate by variable levels

| Variable | C-Code | Survival Rate | | | | Mean Survival Time (year) 95% CI | Median Survival Time (year) 95% CI |
|----------------------|--|----------------------------------|------------------------------------|-----------------------------------|------------------------------------|-------------------------------------|---------------------------------------|
| | | One-Year Survival Rate 95% CI | Three-Year Survival Rate 95% CI | Five-Year Survival Rate 95% CI | Seven-Year Survival Rate 95% CI | | |
| C-Code | 40 (n=221) | 0.88 (0.84-0.93) | 0.63 (0.57-0.70) | 0.51 (0.50-0.58) | 0.46 (0.40-0.53) | 6.41 (5.80-7.02) | 5.50 (3.65-7.64) |
| | 41 (n=68) | 0.81 (0.72-0.91) | 0.53 (0.42-0.66) | 0.41 (0.31-0.55) | 0.35 (0.25-0.49) | 6.15 (4.14-6.16) | 3.31 (1.87-4.75) |
| Sex | Male (n=166) | 0.83 (0.78-0.89) | 0.58 (0.51-0.66) | 0.45 (0.38-0.53) | 0.41 (0.34-0.49) | 5.60 (4.93-6.26) | 3.89 (2.62-5.16) |
| | Female (n=123) | 0.91 (0.86-0.96) | 0.64 (0.56-0.73) | 0.54 (0.46-0.63) | 0.47 (0.38-0.57) | 6.66 (5.62-6.69) | 6.01 (3.08-8.94) |
| M-Code | Osteosarcoma (n=205) | 0.86 (0.82-0.91) | 0.61 (0.54-0.68) | 0.49 (0.43-0.57) | 0.46 (0.39-0.53) | 6.14 (5.52-6.75) | 4.96 (2.15-7.41) |
| | Chondroblastic osteosarcoma (n=35) | 0.83 (0.71-0.96) | 0.60 (0.46-0.79) | 0.46 (0.32-0.66) | 0.32 (0.19-0.54) | 5.58 (4.13-7.04) | 4.37 (2.13-6.60) |
| | Central osteosarcoma (n=16) | 0.81 (0.64-1.00) | 0.50 (0.31-0.82) | 0.25 (0.11-0.58) | --- | 3.08 (2.09-4.06) | 2.51 (0.00-5.14) |
| Sum of Decade of Age | Second (n=121) | 0.88 (0.82-0.94) | 0.66 (0.58-0.75) | 0.60 (0.50-0.67) | 0.51 (0.43-0.61) | 6.68 (5.90-7.46) | --- |
| | Third (n=82) | 0.89 (0.83-0.96) | 0.63 (0.54-0.75) | 0.46 (0.37-0.59) | 0.44 (0.34-0.56) | 4.65 (4.06-5.24) | 4.14 (2.44-5.84) |
| | Sixth (n=14) | 0.93 (0.80-1.00) | 0.50 (0.30-0.84) | 0.29 (0.13-0.65) | --- | 3.13 (2.20-4.05) | --- |
| | Overall (n=289) | 0.87 (0.83-0.91) | 0.61 (0.55-0.67) | 0.49 (0.43-0.60) | 0.44 (0.38-0.50) | 6.16 (5.62-6.93) | 4.58 (3.17-5.98) |

Discussion

This analysis provides comprehensive information on the detailed epidemiology of primary OS based on data derived from the INCR.¹¹ Some registries in the US (SEER)¹⁵ and England (NCIN)¹⁶ provide general population data. Nevertheless, to evaluate the influence of race and ethnicity, regional registries worldwide help to study more genetically similar populations.

In our country, the ASIR for the total cases of OS was 3.02 per million person-years, which was similar to the incidence rate (3.1) in the US, as reported by Mirabello et al.,³ but higher than that in China (0.5).⁸

Although previous studies accentuated bimodal frequency for OS incidence by age,^{3,6,15,17-19} in our study, the peak frequency was in the second decade of life, especially 15-19 years (26% of cases), and its abundance was reduced with an increase in age such that the frequency was low in the seventh (1.8%) and eighth (0.6%) decades of life. Perhaps the cause of the low prevalence of OS in the elderly in our country is the rarity of Paget's disease in the Iranian race because, in previous studies,^{3,20,21} a significant fraction of OS in elderly patients has been reported among those with Paget's disease.

OS is rare in children younger than five years, and only 2% of patients with OS were reported in this age group by Hartford¹⁹; likewise, in our patients, only 0.9% fell into this age group.

Differences in incidence rates by gender were significant in our patients. Male predominance was reported in most OS series.²²⁻²⁴ Mirabello et al. also reported that OS is predominant in males in most countries.¹⁸ The male-female ratio was 1.54:1 in our patients, which was higher than that in most series (1.22:1 was reported by Mirabello et al.).³

In contrast to many earlier reports that demonstrated slightly higher incidence rates of OS in females of each age stratum in the group aged <15 years than males in that age group,^{3,25,26} in our patients, females had higher rates only in the stratum age of 0 to 4 years.

Before the 1970s, most patients died of metastatic disease, mainly of the lungs, with only a 20% five-year survival rate.^{27,28} However, chemotherapy protocols led to a significant increase in overall survival rates.^{29,30} Many previous studies attempted to identify the prognostic factors for OS, and their results were not approximate. The overall one-, three-, and five-year survival rates in our patients were 87%, 61%, and 49%, respectively.

Tempelaere et al. reported only 25% of the five-year survival rate in patients older than 50.³¹ Bielback et al., in 2002, reported a poor prognosis in older patients due to increased axial distribution, distant disease at diagnosis, and decreased tolerance of high-dose chemotherapy.³² In another study, a higher percentage of axial tumors was reported in patients aged 60 and above (39.7%) than in patients aged <25 (12.2%), and 34.3% of distant disease was reported in patients above 60 years in comparison with only 17.9% in patients aged <25 years.⁵ Although it was not statistically significant, our study's five-year survival rate and mean survival time were 60% and 6.68 years, respectively, for patients in the second decade of life, which was higher than 29% and 3.13 years for patients in the sixth

decade of life. Concerning age, the five-year survival rate of our patients was similar to the National Cancer Data Base Report,³³ with a relative five-year survival rate of 60% for patients younger than 30 years, 50% for patients between 30 and 49 years, and 30% for patients 50 years and older.

Mankin et al. found no significant gender differences in the five-year survival rate (68%) for OS.³⁰ Although gender differences were not statistically significant in our study, the five-year survival rate and the mean survival time were 54% and 6.66 years, respectively, for female patients, which was higher than 45% (the five-year survival rate) and 5.6 years (the mean survival time) for male patients. A higher survival rate in the female gender was also reported in some previous studies.^{3,34}

Patients with primary OS of the rib were reported to have a five-year survival rate of only 15%.³⁵ In more than 2000 patients in the EURAMOS-1 (European and American OS Study) cohort, the axial skeleton tumor site has been reported as an adverse factor for prognosis.³⁶ Although it was not statistically significant in our patients, the five-year survival rate for the axial skeleton as a primary site of OS was 41%, which was lower than 51% in the appendicular OS.

Our findings should be scrutinized in light of several limitations. In registry data, there is a probability of misclassification or miscoding, no information was provided about patients with metastatic disease at the presentation time, and information on the type of surgery was also limited. Despite these limitations, the current study is the first report on OS incidence in the Middle East. It provides an accurate impression of age, gender, race, and survival rate for primary OS incidence in Iran.

Conclusion

The ASIR of OS in our country was 3.02 per million person-years, similar to the incidence rate in the US and higher than that in China. The three highest-frequency morphology groups were the NOS OS, chondroblastic OS, and central OS. The peak frequency was in the second decade of life, especially between 15-19 years. The male-female ratio was 1.54:1 in our patients, which was higher than the OS gender ratio in most series. One-, three-, and five-year survival rates in our patients were 87%, 61%, and 49%, respectively. Although it was not statistically significant, older age at the time of diagnosis, axial location, and male gender were the poorest prognosis factors.

Acknowledgement

We thank all patients affected by osteosarcoma registered in the INCR between 2008, and 2014.

Conflict of interest: None

Funding: None

Amin Karimi MD ^{1,2}

Adel Ebrahimpour MD ³

Mehrdad Sadighi MD ³

Mohammadreza Chehrassan MD ⁴

Farsad Biglari MD ³

Meisam Jafari Kafiabadi MD⁵Mohammad Esmaeil Akbari MD⁵Mehdi Azizmohammad Looha MSc⁵

1 Department of orthopedics, Taleghani Hospital Research Development committee, Shahid Beheshti University of medical sciences, Tehran, Iran

2 Department of Orthopaedic Surgery, University of Pittsburgh, Pittsburgh, PA, USA

3 Department of Orthopedic Surgery, Clinical Research Development Unit of Shohada-e Tajrish Hospital, Shahid Beheshti University of Medical Sciences, Tehran, Iran

4 Bone and Joint reconstruction research center, Shafa Orthopedic Hospital, Iran University of Medical Sciences, Tehran, Iran

5 Cancer Research Center, Shahid Beheshti University of Medical Sciences, Tehran, Iran

References

1. Ottaviani G, Jaffe N. The epidemiology of osteosarcoma. *Cancer Treat Res.* 2009; 152:3-13. doi: 10.1007/978-1-4419-0284-9_1.
2. Dorfman HD, Czerniak B. Bone cancers. *Cancer.* 1995; 75(1 Suppl):203-210. doi: 10.1002/1097-0142(19950101)75:1+<203::aid-cncr2820751308>3.0.co;2-v.
3. Mirabello L, Troisi RJ, Savage SA. Osteosarcoma incidence and survival rates from 1973 to 2004: data from the Surveillance, Epidemiology, and End Results Program. *Cancer.* 2009; 115(7):1531-1543. doi:10.1002/cncr.24121.
4. Campanacci M. Bone and soft tissue tumors: clinical features, imaging, pathology and treatment. Springer Science & Business Media; 2013.
5. Damron TA, Ward WG, Stewart A. Osteosarcoma, chondrosarcoma, and Ewing's sarcoma: National Cancer Data Base Report. *Clin Orthop Relat Res.* 2007; 459:40-47. doi:10.1097/BLO.0b013e318059b8c9.
6. Anfinson KP, Devesa SS, Bray F, et al. Age-period-cohort analysis of primary bone cancer incidence rates in the United States (1976-2005). *Cancer Epidemiol Biomarkers Prev.* 2011; 20(8):1770-1777. doi:10.1158/1055-9965.EPI-11-0136.
7. Hayden JB, Hoang BH. Osteosarcoma: basic science and clinical implications. *Orthop Clin North Am.* 2006;37(1):1-7. doi:10.1016/j.oocl.2005.06.004.
8. Pingping B, Yuhong Z, Weiqi L, et al. Incidence and Mortality of Sarcomas in Shanghai, China, During 2002-2014. *Front Oncol.* 2019;9:662. doi:10.3389/fonc.2019.00662.
9. Duchman KR, Gao Y, Miller BJ. Prognostic factors for survival in patients with high-grade osteosarcoma using the Surveillance, Epidemiology, and End Results (SEER) Program database. *Cancer Epidemiol.* 2015; 39(4):593-599. doi:10.1016/j.canep.2015.05.001.
10. Mialou V, Philip T, Kalifa C, et al. Metastatic osteosarcoma at diagnosis: prognostic factors and long-term outcome--the French pediatric experience. *Cancer.* 2005; 104(5):1100-1109. doi:10.1002/cncr.21263.
11. Akbari A, Khayamzadeh M, Salmanian R, et al. International Journal of Cancer Management. National cancer mortality-to-incidence ratio (MIR) in Iran (2005-2014). 2019; 12(6). doi.org/10.5812/ijcm.94145.
12. Trott PA. International classification of diseases for oncology. *Journal of clinical pathology.* 1977;30(8):782.
13. Ahmad OB, Boschi-Pinto C, Lopez AD, Murray CJ, Lozano R, Inoue M. Age standardization of rates: a new WHO standard. Geneva: World Health Organization. 2001; 9(10):1-4.
14. Boyle P, Parkin DM. Cancer registration: principles and methods. *Statistical methods for registries.* IARC Sci Publ. 1991;(95):126-158.
15. Duong LM, Richardson LC. Descriptive epidemiology of malignant primary osteosarcoma using population-based registries, United States, 1999-2008. *J Registry Manag.* 2013; 40(2):59-64.
16. Whelan J, McTiernan A, Cooper N, et al. Incidence and survival of malignant bone sarcomas in England 1979-2007. *Int J Cancer.* 2012; 131(4):E508-E517. doi:10.1002/ijc.26426.
17. Jaffe N, Bch MB, Paed D. Malignant bone tumors in children: incidence and etiologic considerations. *Solid Tumors in Childhood.* Littleton, MA: PSG Publishing Co. 1979:1-0.
18. Mirabello L, Troisi RJ, Savage SA. International osteosarcoma incidence patterns in children and adolescents, middle ages and elderly persons. *Int J Cancer.* 2009; 125(1):229-234. doi:10.1002/ijc.24320.
19. Hartford CM, Wodowski KS, Rao BN, Khoury JD, Neel MD, Daw NC. Osteosarcoma among children aged 5 years or younger: the St. Jude Children's Research Hospital experience. *J Pediatr Hematol Oncol.* 2006; 28(1):43-47.
20. Huvos AG. Osteogenic sarcoma of bones and soft tissues in older persons. A clinicopathologic analysis of 117 patients older than 60 years. *Cancer.* 1986; 57(7):1442-1449. doi: 10.1002/1097-0142(19860401)57:7<1442::aid-cncr2820570734>3.0.co;2-3.
21. Hansen MF, Seton M, Merchant A. Osteosarcoma in Paget's disease of bone. *J Bone Miner Res.* 2006; 21 Suppl 2:P58-P63. doi:10.1359/jbmr.06s211.
22. Gurney JG, Swensen AR, Bulterys M. Malignant bone tumors. Cancer incidence and survival among children and adolescents: United States SEER Program. 1975; 1995(1999):99-110.
23. Bleyer AO, O'leary M, Barr R, Ries LA. Cancer epidemiology in older adolescents and young adults 15 to 29 years of age, including SEER incidence and survival: 1975-2000. *Cancer epidemiology in older adolescents and young adults 15 to 29 years of age, including SEER incidence and survival: 1975-2000.* 2006.
24. Dahlin DC, Unni KK. Bone tumors: general aspects and data on 8,547 cases. 1986.
25. Larsson SE, Lorentzon R. The incidence of malignant primary bone tumours in relation to age, sex and site. A study of

- osteogenic sarcoma, chondrosarcoma and Ewing's sarcoma diagnosed in Sweden from 1958 to 1968. *J Bone Joint Surg Br.* 1974; 56B (3):534-540.
26. Gurney JG, Severson RK, Davis S, Robison LL. Incidence of cancer in children in the United States. Sex-, race-, and 1-year age-specific rates by histologic type. *Cancer.* 1995; 75(8):2186-2195. doi: 10.1002/1097-0142(19950415)75:8<2186::aid-cnrcr2820750825>3.0.co;2-f.
27. Mckenna RJ, Schwinn CP, Soong K, et al. Sarcomata of the osteogenic series (osteosarcoma, fibrosarcoma, chondrosarcoma, parosteal osteogenic sarcoma, and sarcomata arising in abnormal bone): an analysis of 552 cases. *JBJS.* 1966; 48(1):1-26.
28. Dahlin DC, Coventry MB. Osteogenic sarcoma. A study of six hundred cases. *J Bone Joint Surg Am.* 1967; 49(1):101-110.
29. Bacci G, Ferrari S, Bertoni F, et al. Long-term outcome for patients with nonmetastatic osteosarcoma of the extremity treated at the istituto ortopedico rizzoli/osteosarcoma-2 protocol: an updated report. *J Clin Oncol.* 2000; 18(24):4016-4027. doi:10.1200/JCO.2000.18.24.4016.
30. Mankin HJ, Hornicek FJ, Rosenberg AE, Harmon DC, Gebhardt MC. Survival data for 648 patients with osteosarcoma treated at one institution. *Clin Orthop Relat Res.* 2004 ;(429):286-291. doi:10.1097/01.blo.0000145991.65770.e6.
31. Bielack SS, Kempf-Bielack B, Delling G, et al. Prognostic factors in high-grade osteosarcoma of the extremities or trunk: an analysis of 1,702 patients treated on neoadjuvant cooperative osteosarcoma study group protocols. *J Clin Oncol.* 2002; 20(3):776-790. doi:10.1200/JCO.2002.20.3.776.
32. Jawad MU, Cheung MC, Clarke J, Koniaris LG, Scully SP. Osteosarcoma: improvement in survival limited to high-grade patients only. *J Cancer Res Clin Oncol.* 2011; 137(4):597-607. doi: 10.1007/s00432-010-0923-7.
33. Tempelaere C, Biau D, Babinet A, Anract P. Osteosarcoma after the age of fifty: A clinicopathological study. *Eur J Surg Oncol.* 2019; 45(7):1288-1292. doi:10.1016/j.ejso.2019.04.010.
34. Saeter G, Elomaa I, Wahlqvist Y, et al. Prognostic factors in bone sarcomas. *Acta Orthop Scand Suppl.* 1997; 273:156-160. doi:10.1080/17453674.1997.11744723.
35. Burt M. Primary malignant tumors of the chest wall. The Memorial Sloan-Kettering Cancer Center experience. *Chest Surg Clin N Am.* 1994; 4(1):137-154.
36. Smeland S, Bielack SS, Whelan J, et al. Survival and prognosis with osteosarcoma: outcomes in more than 2000 patients in the EURAMOS-1 (European and American Osteosarcoma Study) cohort. *Eur J Cancer.* 2019; 109:36-50. doi:10.1016/j.ejca.2018.11.027.