

1 Use of a Digital Protractor and a Spirit Level to Determine the Intraoperative Anteversion of  
2 Femoral Component during Cemented Hip Hemiarthroplasty: a Prospective Clinical Trial

3

4 Research performed at Lampang Hospital, Lampang, Thailand

5

6 **Abstract**

7 **Introduction:** Femoral stem anteversion during hip arthroplasty is generally estimated by  
8 eye intraoperatively and has proven to be different from targeted values. This study aims to  
9 determine the accuracy of a novel technique using a digital protractor and a spirit level to  
10 improve surgeons' estimation of stem anteversion.

11 **Methods:** A prospective non-randomized study was conducted among 93 patients with  
12 femoral neck fracture who underwent cemented hemiarthroplasty via posterolateral approach.  
13 In the control group (N=62), five experienced surgeons assessed stem anteversion related to  
14 the posterior femoral condylar plane using visual estimation with a target angle of 15°-25°. In  
15 the study group (N=31), another two surgeons assessed stem anteversion with the same target  
16 angle by placing a digital protractor on the femoral stem inserter handle while the assistant  
17 held the leg in the truly vertical position, verified by a spirit level that was attached to the  
18 shin with cable ties. Stem anteversion was measured blind, postoperatively, on 2D-CT and  
19 compared with the intraoperative results.

20 **Results:** The mean postoperative anteversion was 22.4° (-4.2° to 51.3°, SD 11.1°) in the  
21 control group and 23.0° (16.0° to 29.9°, SD 3.6°) in the study group (P=0.810). The study  
22 group had more stems positioned in 15°-25° anteversion (71.0% vs 32.3%, P=0.001) and the  
23 mean absolute value of surgeon error was -0.2° (-5.4° to 7.0°, SD 3.0°). Twenty-eight stems

24 of the study group (90.3%) had an error within 5°. Surgeon overestimation >5° was found in  
25 1 hip (3.2%) and underestimation >5° was found in 2 hips (6.4%).

26 **Conclusion:** Using a digital protractor and a spirit level was reliable with high accuracy and  
27 precision to improve the intraoperative estimation of cemented stem anteversion.

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29 **Keywords:** Femoral stem anteversion, hip arthroplasty, digital protractor, spirit level

30 **Level of evidence:** II

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## 43 **Introduction**

44           Successful hip replacement surgery is associated with prosthetic design and surgical  
45 technique. Biomechanical aspects of aseptic loosening are related to stem anteversion,  
46 prosthesis offset, stem size and body mass index (BMI) (1-4). Rotational positioning of the  
47 femoral component during surgery is decisive for the degree of later posterior rotation,  
48 subsidence and aseptic loosening. The femoral prosthetic anteversion angle is believed to  
49 influence the occurrence of dislocation of an implant (5). It is generally advised to place a  
50 prosthesis within the range of 10°-30° anteversion for a cemented femoral component  
51 whereas some authors have recommended approximately 15° of anteversion for a cementless  
52 femoral component (1,2,6).

53           The traditional technique for assessing the femoral component anteversion is visual  
54 estimation by the surgeon. In the lateral decubitus position, the leg is used as a protractor in  
55 the vertical position to determine the measurement of the femoral version with respect to the  
56 tibial angle (7). Van Embden *et al* found that the mean difference between the anteversion  
57 angle estimated by this technique and the CT measurement is 9° (5). In 70% of cases the  
58 measured angle was greater than desired. Dorr *et al* found a poor precision of surgeons'  
59 estimation for the cementless femoral stem (6). They were often outside the intended zones of  
60 10°-20° of anteversion. Some surgeons tried to improve the precision by using a manual  
61 goniometer and found the mean absolute value of surgeon error to be about 7.3° (8).

62           Currently the most precise technique to determine femoral stem anteversion  
63 intraoperatively is computer navigation with a precision of 5° (9). However, the proven  
64 advantages of navigation must be traded off against the argument of prolonged surgery and  
65 higher costs (10). Some investigators applied devices that enable the surgeon to aim for a  
66 predetermined target and reduced outliers significantly, such as a digital protractor to

67 measure the operative inclination angle or a closed tube inclinometer to aim the angles of the  
68 acetabular component in total hip arthroplasty (THA) (11,12). There has been no previous  
69 study about using these devices for femoral prosthetic implantation. This study aims to assess  
70 the precision of a digital goniometer and a closed tube inclinometer (spirit level) for  
71 improving surgeons' intraoperative estimation of femoral stem anteversion.

72

### 73 **Materials and methods**

74 A prospective non-randomized study was conducted among patients with femoral  
75 neck fracture who underwent cemented hemiarthroplasty via posterolateral approach between  
76 January 2016 and December 2017. In the control group, five experienced surgeons assessed  
77 stem anteversion related to the posterior femoral condylar plane using visual estimation with  
78 a target angle of 15°-25°. In the study group, another two surgeons assessed stem anteversion  
79 with the same target angle by placing a digital protractor on the femoral broach and stem  
80 inserter handle while the assistant held the leg in the truly vertical position, verified by a  
81 spirit level that was attached to the shin with cable ties. Exclusion criteria were patients with  
82 advanced knee osteoarthritis, knee deformity with radiographic tibio-femoral angle more than  
83 5° varus or 10° valgus, and previous ipsilateral tibial or femoral fractures.

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### 85 **Surgical techniques**

86 The patients were placed in the lateral decubitus position. The leg was put in a plastic  
87 bag and stockinette. In the study group, an EKG electrode (3M Red Dot, USA) was attached  
88 to the skin overlying the medial 1/3 of the tibial tubercle. Two plastic pipe clips (Thai Pipe,  
89 Thailand) were attached to the anterior aspect of the leg with Nylon cable ties. The base of

90 one clip was locked onto the Red Dot electrode and the other was positioned at the midpoint  
91 of the most medial and most lateral aspects of the malleoli. An aluminum pipe (Yunteng self  
92 picture monopod YT-188, China) was installed into these clips by gently pressing the pipe  
93 over the clips until the bilateral grooves of the pipe were snugly locked between the clip  
94 edges. A small spirit level (Haccury YK-3, China) was attached to the flat side of another  
95 pipe clip with cyanoacrylate glue, and then installed on the pipe by pressing the clip over the  
96 pipe that represented the anatomical axis of the tibia [Figure 1]. During femoral canal  
97 preparation, the femur was internally rotated and the knee flexed so that the tibia was  
98 perpendicular to the floor, verified by the neutral position of the bubble in the spirit level. The  
99 broach was inserted at 15°-25° of anteversion, verified by placing a digital protractor (Etopoo  
100 DC10, China) on the flat surface of the broach handle. The final anteversion angle after  
101 insertion of the femoral prosthesis and cement hardening, was measured by placing a digital  
102 protractor on the flat surface of the inserter handle [Figure 2].

103 In the control group, stem anteversion was assessed as the angle between the leg axis  
104 and the femoral stem axis by the surgeons' visual estimation, with a target angle of 15°-25°  
105 after flexing the knee and placing the leg in a vertical position manually. In both groups, the  
106 posterior capsule and short external rotators were repaired. Antibiotic prophylaxis was  
107 intravenous cefazolin before skin incision and at 6-hour intervals for 24-48 hours.

108 The sample size was calculated to detect a significant difference in percentages of  
109 stems positioned in the 15°-25° target zone of anteversion. We hypothesized that our devices  
110 could achieve this goal in 75% of cases according to the results in 12 cases of our pilot study,  
111 whereas 38% of the previous 20 hemiarthroplasties performed by five experienced surgeons  
112 in our institution using the traditional estimation technique were positioned in this goal. With  
113 a two-sided type I error level of 0.05, a 90% statistical power of detection and a group ratio of  
114 2:1, the sample size was 62 hips in the control group and 31 in the study group.

115 Preoperative demographic data included patient age, gender, BMI and American  
116 Society of Anesthesiologists (ASA) physical status classification. Primary outcomes were  
117 stem anteversion angles and percentage of stems positioned in the 15°-25° zone. The femoral  
118 component was assessed by 2D-CT scan (Philips Ingenuity Core 128, Cleveland, USA) three  
119 days postoperatively. Consecutive scans were performed at 1.5-mm intervals from the  
120 acetabulum to the level of the proximal tibia. Stem version was measured as the angle  
121 between a line through the center of the neck of the femoral prosthesis and a line connecting  
122 the posterior aspect of the medial and lateral femoral condyles (7). Native anteversion of the  
123 opposite hip was defined as the angle between the axis of the femoral neck and the posterior  
124 condylar axis. The femoral neck axis was measured as the best-fit line connecting slices taken  
125 through a central segment of the neck (13). The tibio-femoral angle of knee deformity was  
126 measured in a supine antero-posterior knee radiograph by drawing a line from the center of  
127 the tibial plateau to the midpoints of the proximal shaft of the tibia and the line from the  
128 center of intercondylar notch to the midpoints of the distal shaft of the femur.

129 All radiographic measurements were performed by two orthopaedic residents who  
130 were not involved with the surgery, and repeated again two weeks later. The average of four  
131 measurements was used for data analysis. The intra-class correlation coefficients (ICCs) were  
132 calculated for intra-and inter-observer reliability. We used the two-way random-effects model  
133 and absolute agreement for ICCs calculation. The Shapiro-Wilk test was used to ascertain  
134 normal distribution prior to further statistical analysis. The exact probability test was used to  
135 compare categorical data between the two groups whereas the t-test and Wilcoxon rank-sum  
136 test were used to analyze continuous data. A p-value of <0.05 was considered statistically  
137 different. The protocol was approved by the Institutional Ethics Committee (Code 42/60) and  
138 registered in the Thai Clinical Trials Registry (ID: TCTR 20180326003). Informed consent  
139 was obtained from each participant.

140 **Results**

141           There were 93 patients enrolled in the study. The patients' baseline characteristics  
142 were not significantly different between the two groups [Table 1]. Excia stems (Aesculap,  
143 Tuttlingen, Germany) were used in 60 cases (64.5%) and CPT stems (Zimmer Biomet,  
144 Warsaw, Indiana, USA) in 33 cases (35.5%). The mean postoperative anteversion was 22.4°  
145 (range -4.2° to 51.3°) in the control group and 23.0° (range 16.0° to 29.9°) in the study group  
146 (P=0.810). However, the standard deviation (SD) of the angle in the study group was  
147 significantly lower (3.6° vs 11.1°, P<0.001) [Chart 1]. The study group had more stems  
148 placements in the target zone of 15°-25° than the control group (71.0% vs 32.3%, P=0.001).  
149 Stems with anteversion <15° were found to be significantly fewer in the study group (0% vs  
150 29%, P<0.001), but not different for those with anteversion >25° (29% vs 39%, P=0.491).  
151 The mean operative time and blood loss were not significantly different (P=0.133 and  
152 P=0.153 respectively) [Table 2].

153           Among 31 hips in the study group, the average intraoperative anteversion angle was  
154 22.8° (SD 1.4°, range 20° to 25°) and the mean true anteversion angle was 23.0° (SD 3.6°,  
155 range 16.0° to 29.9°). The mean absolute value of surgeon error was -0.2° (SD 3.0°, range  
156 -5.4° to 7.0°) and 28 stems (90.3%) had an error within 5°. Surgeon overestimation >5° was  
157 found in 1 hip (3.2%). Surgeon underestimation >5° was found in 2 hips (6.4%) [Charts 2,3].  
158 The ICCs for intra- and inter-observer reliability of measurements were 0.978 and 0.965 for  
159 stem anteversion, 0.968 and 0.972 for native anteversion, and 0.979 and 0.977 for tibio-  
160 femoral angle, respectively.

161           Postoperatively, there was no surgical site infection. The average duration of follow-  
162 up was 19.1 months (SD 6.8, range 8-31). There was no hip dislocation in the study group.  
163 Two hips in the control group had posterior dislocation (3.2%) and both of them had femoral

164 stem anteversion less than 15°. However, the dislocation rate was not significantly different  
165 between the two groups (P=0.551) [Table 2].

166

## 167 **Discussion**

168 Internal rotation with posterior head migration (PHM) is one of the most important  
169 modes of early failure of a cemented femoral stem. Femoral stem anteversion is considered to  
170 be significantly correlated with PHM and believed to affect the occurrence of postoperative  
171 dislocation (2,5). The recommended anteversion angles for a cemented femoral component  
172 are varied. Van Embden *et al* suggested the range of 10°-20° for cemented hemiarthroplasty  
173 via anterolateral approach, whereas some authors recommended the posterolateral approach  
174 with a range of 15°-25° to reduce the number of posterior dislocations (5,14). Implantation  
175 with <10° of anteversion is potentially harmful with the subsequent rotational migration.  
176 Kiernan *et al* found a strong correlation between postoperative anteversion and later posterior  
177 rotation (1). At one year, the <10° group showed significantly more progressive retroversion  
178 together with distal migration, and four of ten cemented stems had been revised at ten years,  
179 and additional two stems were radiologically loose. They assumed the normal anteversion  
180 group to be 10°-25° with only one revised (3%) and one loose stem (3%) of a total of 30  
181 stems. Moreover, Gill *et al* found a correlation between low stem anteversion and PHM (2).  
182 They suggested cemented stems be placed in ≥20° anteversion and should not be >30°, as this  
183 may contribute to dislocation. Therefore, our target anteversion of 15°-25° in this study is  
184 considered to be appropriate for cemented hemiarthroplasty via posterolateral approach in the  
185 elderly with femoral neck fracture.

186 The baseline for the measurement of stem anteversion differed among the studies.

187 This study used the posterior condylar axis as the baseline because it is a reliable reference



188 for defining the neutral rotation of the femur (15). Likewise, many studies used this axis as  
189 the reference and this has been accepted as standard (5,7,15). In contrast, some studies used  
190 the epicondylar axis as the baseline giving results in which the true anteversion tended to be  
191 smaller and the surgeon error tended to be larger because of the relatively external rotation of  
192 the epicondylar to the posterior condylar line (8,9).

193         There are some studies which have examined the accuracy and precision of  
194 intraoperative estimation of stem anteversion in hip arthroplasty. Two studies reported results  
195 with high accuracy (low bias) but low precision (high random errors) results (7,9). Wines and  
196 McNicol studied the intraoperative estimations by the surgeons for both cemented and  
197 cementless femoral stem in 111 hips using direct lateral and posterolateral approaches (7).  
198 The mean difference between the surgeons' intraoperative assessment and the CT  
199 measurement relative to the posterior condylar axis was an underestimation of  $1.1^\circ$  with an  
200 SD of  $10.4^\circ$  and a range of  $25^\circ$  underestimation to  $30^\circ$  overestimation. A study by Dorr *et al*  
201 found that the precision of the surgeon was  $16.8^\circ$  and bias was  $0.2^\circ$  for estimating the  
202 intraoperative anteversion of the cementless femoral stem compared with the CT  
203 measurement using the epicondylar axis as the baseline (9). The surgeons' estimations had  
204 outliers of  $6^\circ$  to  $10^\circ$  in 11 of 47 (23.4%) hips and more than  $10^\circ$  in 11 of 47 (23.4%).  
205 Moreover, van Embden *et al* found the average difference between the anteversion angle  
206 estimated by the surgeon during 20 cemented hemiarthroplasties and the CT-measured angle  
207 was  $9^\circ$  (SD  $4^\circ$ , range  $-11^\circ$  to  $+18^\circ$ ) using the posterior condylar axis as the reference (5).  
208 Similarly, our findings in the control group confirmed the imprecise outcomes of this visual  
209 estimation.

210         Currently the most accurate technique to measure femoral stem anteversion  
211 intraoperatively is computer navigation. Dorr *et al* found that the precision of navigation was  
212  $4.8^\circ$  and bias was  $0.2^\circ$  (9). There were no outliers of  $6^\circ$  or more of stem anteversion. The

213 previous literature had suggested that having a device that enables the surgeon to aim for a  
214 predetermined target can reduce outliers significantly. Meermans *et al* used a digital  
215 protractor to measure the operative inclination angle in 100 primary THAs and could  
216 significantly reduce the number of outliers of the acetabular component in relation to the safe  
217 zone and did not require additional operative time (11). Sykes *et al* used a closed tube  
218 inclinometer for aiming the different target angles of the acetabular cup placement on a  
219 mounted Sawbone pelvis and had no outliers for all trials compared with 78% for the  
220 freehand method and 58% for the use of a mechanical alignment guide (12).

221         Using a digital protractor and a spirit level as an aiming device in this study improved  
222 the precision of intraoperative estimation of femoral stem anteversion represented by the  
223 smaller SD of the angles than in the conventional method ( $3.6^\circ$  vs  $11.1^\circ$ ). The mean absolute  
224 error was  $-0.2^\circ$ , range from  $5.4^\circ$  underestimation to  $7.0^\circ$  overestimation, and 90% of cases  
225 had an error within  $5^\circ$ . These outcomes resulted from two possible explanations. Studies have  
226 reported that the midpoint of the most medial and most lateral aspects of the malleoli was  $4.5$   
227  $\pm 4.1$  mm lateral to the center of the ankle and the medial 1/3 of the tibial tubercle averaged  $4$   
228  $\pm 2$  mm lateral to the AP axis of the tibial component during total knee arthroplasty (16,17).  
229 Thus, the spirit level that was attached to the anterior part of the leg in this study could  
230 represent the anatomical axis of the tibia. Nevertheless, the angle between this axis and the  
231 posterior condylar axis of the femur is  $87^\circ$  in the flexed knee because the tibial articular  
232 surface is approximately  $3^\circ$  of varus with respect to the mechanical axis in a normal knee.  
233 Using the leg as a lever to rotate the femur internally during the knee flexion until the tibia is  
234 perpendicular to the floor, the medial collateral ligament must be stretched and the medial  
235 joint space widened. Theoretically, this might correct the constitutional varus of the tibia and  
236 its anatomical axis will become perpendicular to the posterior condylar axis. While the  
237 assistant held the leg in the truly vertical position, verified by the neutral position of the

238 bubble of the spirit level, the posterior condylar axis was parallel with the floor. With this  
239 assumption, the degree of surgeon error was significantly influenced by the grade of knee  
240 osteoarthritis (8). A varus knee tended to cause underestimation and valgus knee tended to  
241 cause overestimation of the stem anteversion. The tibio-femoral angles in the study group  
242 averaged 4° or slightly varus. Two cases with surgeon underestimation of stem anteversion  
243 >5° had tibio-femoral angles of -3° and -3.6°. The second explanation is the utility of the  
244 digital protractor when applied to the flat surface of the handle of the prosthesis inserter. It  
245 shows the accurate and precise degree of the prosthesis version relative to the floor and may  
246 be more practical than a manual goniometer used by Hirata *et al* (8). They measured the  
247 angle between the lower-leg axis and the trial-stem axis by flexing the knee and placing the  
248 tibia in a vertical position. The mean surgeon error was 1.3° when using the posterior  
249 condylar line as the baseline and 7.3° when using the epicondylar line as the baseline with an  
250 SD of 5.7°.

251         Posterior dislocation occurred in two hips in the control group. Both of them had  
252 femoral stem anteversion of 14.6°. Among these, the postoperative global femoral offset  
253 compared with the opposite side was 20% decreased in one case and might lessen the soft-  
254 tissue tension around the operated hip and predispose to dislocation (18). We found no  
255 significant difference of dislocation rate between the two groups and this might be from the  
256 inadequate sample size. The calculated sample size with 80% power to compare this outcome  
257 at the same dislocation rate requires 300 hips in each group. Nevertheless, this study has a  
258 power of 93% (type 1 error 5%) to detect the outcome of anteversion target zone outlier.

259         There are some limitations in this study. Firstly, it was not a randomized study and so  
260 might be biased by the patient allocation. However, the demographic data in both groups  
261 were not significantly different, especially for the native femoral anteversion and tibia-  
262 femoral angles that play important roles during the anteversion assessment. Secondly, the

263 surgeons who estimated the angles in both groups were not the same ones and so the results  
264 might be biased by surgeon experience. In any event, all hemiarthroplasties in both groups  
265 were performed by experienced surgeons who had passed the learning curve of such  
266 operations more than 50 cases previously. All of them tried their best to implant the stems in  
267 the desired target zones. Finally, the knee alignment of the patients in this study was slightly  
268 varus without any cases of moderate or severe malalignment. The precise estimation in the  
269 study group might not be applicable to those with advanced osteoarthritis. To the best of our  
270 knowledges, this is the first clinical study that uses a digital protractor and a spirit level to  
271 determine the intraoperative anteversion of the femoral component during hip arthroplasty.

272

## 273 **Conclusion**

274 Using a digital protractor and a spirit level could improve the precision of stem  
275 anteversion assessment in cemented hip hemiarthroplasty. It can be used with different stem  
276 handles from different companies in the lateral decubitus position. Most femoral stems were  
277 placed within a narrow margin inside the desired target angle.

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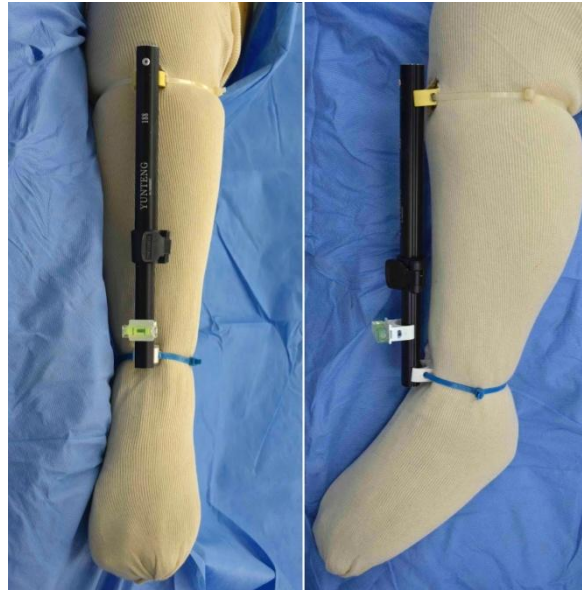
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360 **Figure 1.** A spirit level was installed on an aluminum pipe that was attached to the medial 1/3  
361 of the tibial tubercle and the intermalleolar midpoint to represent the anatomical axis of the  
362 tibia.

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369 **Figure 2.** During femoral canal preparation, the hip was internally rotated until the tibia was  
370 perpendicular to the floor, verified by the neutral position of the bubble of spirit level. A  
371 digital protractor was placed on the flat surface of the inserter handle to verify the anteversion  
372 of 15°-25°.



373 **Table 1.** Patients' baseline characteristics comparing between the two groups (N=93).

<b>Data</b>	<b>Control group (N=62)</b>	<b>Study group (N=31)</b>	<b>P-value</b>
<b>Age (year)</b>			
mean (SD)	75.9 (7.5)	77.0 (6.9)	0.477
range	60 - 91	63 -91	
<b>Gender F : M</b>	53 : 9	27 : 4	0.552
<b>BMI (kg/sqm)</b>			
mean (SD)	20.4 (3.1)	21.1 (3.0)	0.363
range	16.0 - 27.3	15.6 -25.8	
<b>ASA class N (%)</b>			
1	1 (1.6%)	0 (0%)	1.000
2	13 (21.0%)	6 (19.4%)	
3	48 (77.4%)	25 (80.6%)	
<b>Tibio-femoral angle *</b>			
mean (SD)	3.8° (3.3°)	4.0° (3.4°)	0.854
range	-3.6° to 8.8°	-3.6° to 9.1°	
<b>Native femoral anteversion **</b>			
mean (SD)	9.1° (8.8°)	5.3° (11.0°)	0.199
range	-3.9° to 33.8°	-12.1° to 27.7°	
<b>Stem type N (%)</b>			
CPT (Zimmer)	22 (35.5%)	11 (35.5%)	1.000
Excia (Aesculap)	40 (64.5%)	20 (64.5%)	

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375 \* value positive represents valgus, negative represents varus alignment

376 \*\* value positive represents anteversion, negative represents retroversion

377 **Table 2.** Comparison of postoperative radiographic measurements and perioperative results  
 378 between the two groups (N=93).

<b>Data</b>	<b>Control group (N=62)</b>	<b>Study group (N=31)</b>	<b>P-value</b>
<b>CT anteversion angle</b>			
mean	22.4°	23.0°	0.810
SD	11.1°	3.6°	<b>&lt;0.001</b>
IQR	13.3°, 28.7°	20.2°, 25.9°	
95% CI	19.6° - 25.2°	21.7° - 24.3°	
range	-4.2° to 51.3°	16.0° to 29.9°	
within target 15°-25° N (%)	20 (32.3%)	22 (71.0%)	<b>0.001</b>
<b>Operative time (minutes)</b>			
mean (SD)	77.1 (13.1)	82.1 (15.4)	0.133
range	55 - 120	55 - 115	
<b>Intraoperative blood loss (ml)</b>			
mean (SD)	237 (136)	270 (129)	0.153
range	100 - 700	100 - 500	
<b>Dislocation N (%)</b>	2 (3.2%)	0 (0%)	0.551

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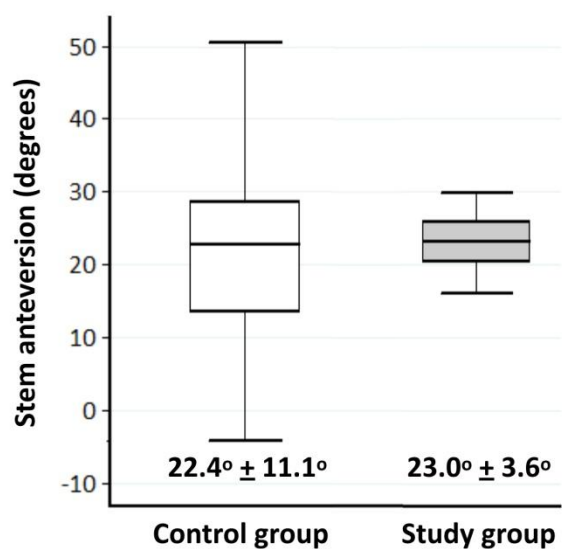
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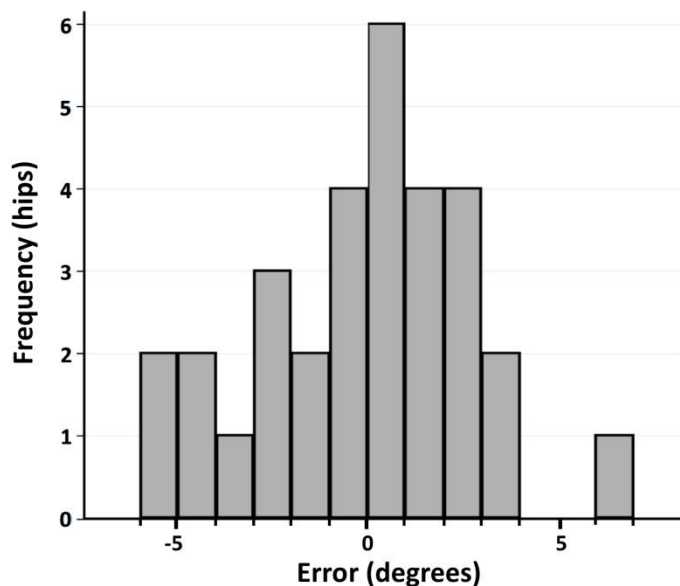
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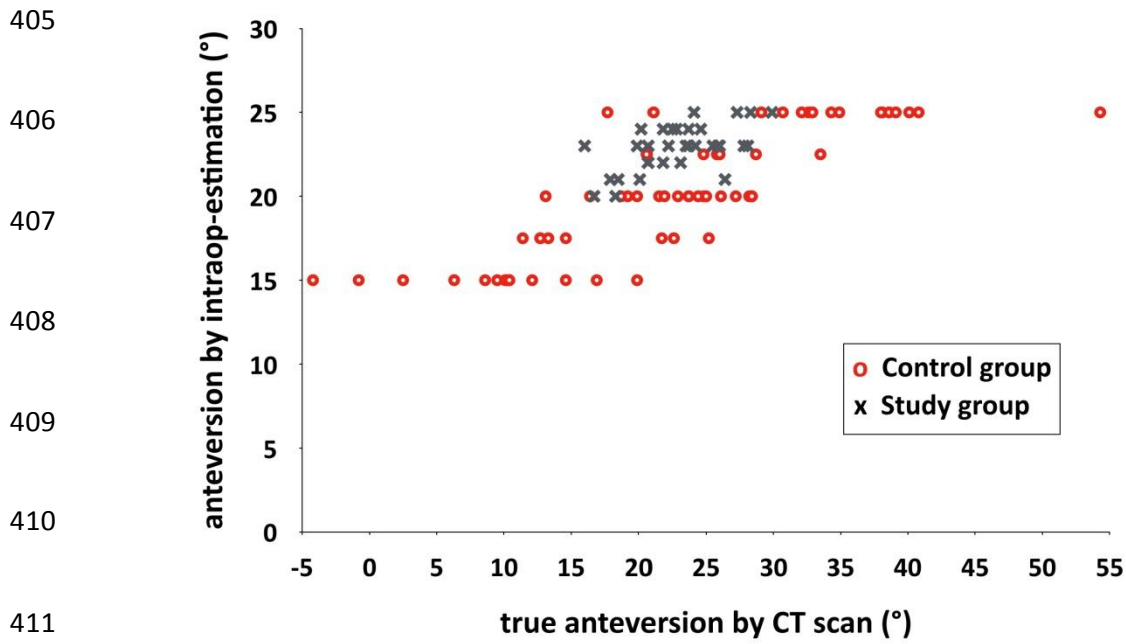
392 **Chart 1.** The values of the postoperative stem anteversion comparing between the two  
393 groups. The bar represents the range of anteversion. Box length represents the interquartile  
394 range (first to third quartiles). The line in the center of the boxes represents the median value.

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**Chart 2.** Distribution of errors in intraoperative estimation of the stem anteversion in the  
study group (N=31) by digital protractor compared with CT scan.



**Chart 3:** The scattergram showing the intraoperative estimation and true prosthetic anteversion by CT scan in both groups.